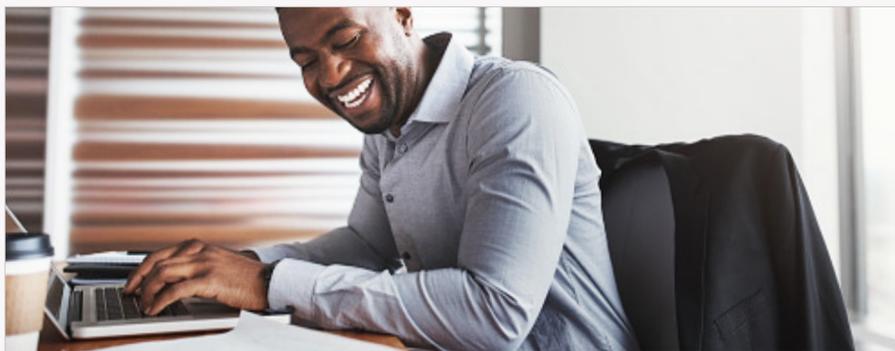




# Human Resources Bulletin



## 2021 Benefits Open Enrollment: A Wrap-Up

Thank you to everyone who enrolled online during 2021 Benefits Open Enrollment. Taking an active role in choosing your benefits coverage is essential to ensuring you have the right coverage for you—and your family, if applicable.

Here's a brief enrollment summary:

- 4,101 System-wide employees completed Benefits Open Enrollment—that's almost 97% of benefits-eligible employees.
- 1,948 System-wide employees completed the MyPath2Wellness requirement and earned an annual \$150 medical premium credit for 2021.

## Get a Jump Start on 2021

We're nearing the end of the year. To make the most of your benefits in 2021, check these items off your to-do list.

- Confirm your doctors are still in-network.
- Make preventive care appointments with your primary care providers (medical, dental, and vision).
- Submit 2020 Flexible Spending Account and Health Savings Account claims. Don't forget you might need a receipt to confirm your claim is eligible for reimbursement.
- Complete and return your 2020 *Fitness Reimbursement Program* form.
- Check for changes to your premium, annual deductibles, annual out-of-pocket maximums, and copays/coinsurance—use 2021 benefit information to create a budget.
- Decide if you can contribute more to your retirement plan. A little increase in your contribution each year will set you up for long-term success.

## EAP: Your Holiday Resource

The holiday season can take a toll on your wallet, waistband, and mental health. This year, there's the added stress of the COVID-19 pandemic to consider.

EAP counselors are your go-to for help with family conflict, stress management, depression, financial concerns, and more. Visit [eaphelplink.com](https://eaphelplink.com) (company code: USNH) or call 800-424-1749 for helpful resources. EAP counselors are ready to help 24/7. You pay nothing for an unlimited number of telephone sessions, or for up to six in-person sessions per issue, with a licensed and credentialed master's-level or Ph.D.-level counselor.

**Looking for some holiday-related help?** Search "holiday" at [eaphelplink.com](https://eaphelplink.com) (company code: USNH) for helpful articles about holiday stress, mental health, shopping, and celebrating.



## Contribute to your 403(b) Retirement Plan in 2021

For 2021, you can contribute up to the IRS limit of \$19,500 (same as 2020) to your tax-advantaged savings account. This includes the pre-tax and after-tax contributions you make to your 403(b) Retirement Plan account. If you will be age 50 or older in 2021, you can make additional catch-up contributions of up to \$6,500. Once you hit the limit, all employee and employer contributions cease.

## Save Big on Tuition at Granite State College

Thanks to a new partnership between the State of New Hampshire and Granite State College, you and your eligible family members will enjoy **significant** tuition cost savings! Granite State College's degree programs are offered 100% online, allowing you to balance your academic and professional goals.

If you or a family member is interested in learning more about the partnership, visit [info.granite.edu/new-hampshire](http://info.granite.edu/new-hampshire).

## Earn Rewards with Healthcare Bluebook

Starting January 1, 2021, shop for select procedures and services through Healthcare Bluebook and **earn up to \$1,500!** Each time you use the Healthcare Bluebook Fair Price™ tool for eligible (green) services, you'll earn a reward.\*

### List of Common Reward Procedures

- Colonoscopy: \$75
- CAT scan: \$75
- X-ray: \$25
- Heart perfusion imaging: \$150
- MRI: \$50
- Breast biopsy: \$150
- Screening mammogram: \$25
- Sleep study: \$100
- Upper GI endoscopy: \$125
- Ear tube placement: \$300
- Spinal fusion: \$1,500
- Total knee replacement: \$750
- Total hip replacement: \$1,000
- Hysterectomy: \$500
- Cataract surgery: \$100
- Cholecystectomy: \$500

Go to [healthcarebluebook.com/ui/signinpublic](http://healthcarebluebook.com/ui/signinpublic) (company code: USNH) to shop for care, compare facilities, and save money on health care services. If you are eligible for a reward, payment is processed through USNH payroll as a taxable payment.

\*To earn a reward, you must shop for care in Healthcare Bluebook and be enrolled in a University System of New Hampshire medical plan administered by Cigna.



### Have you had your flu shot?

Protect yourself from the flu! Flu season is here and can last as late as May. It's important to get your flu shot **now!** If you visit a Cigna network facility or provider, your flu shot is covered 100% by your USNH medical plan—you pay nothing.



### 2021 Holiday Schedule

## Update: Kronos Time Management System

**Our rollout is complete!** The UKG Dimensions (previously known as Kronos Workforce Dimensions) time management system is now live for all USNH faculty, staff, and student employees. We are tracking and working on continual process improvements to address your concerns. For more information, read the [Kronos Project Update](#). Thank you for supporting this important transition.

Visit the [USNH Human Resources website](#) for a Kronos refresher, including overviews, training presentations, and job aids with step-by-step instructions for all employees and time approvers.

### Questions about the Kronos project?

Please contact your campus Human Resources office.



### Suggestions/Comments?

Email [myusnh.hr@usnh.edu](mailto:myusnh.hr@usnh.edu) to provide feedback or suggestions for future articles.