



Sign up for a virtual financial counseling session

We know that there is a lot of uncertainty in the world today. And just as we have for more than 100 years, TIAA is here to help you.

You can access virtual counseling by phone or on any device, and get advice and education about your retirement savings, managing debt and your investment strategy. Both are highly secure and private.

Take advantage of advice and education

When you meet virtually with a financial consultant, you'll get answers to these questions:

- Am I saving enough?
- Should I change or rebalance my investment strategy?
- Am I on track to meet my retirement goals?

Financial advice is available as part of your retirement plan at no additional cost. Take advantage and schedule a virtual counseling session today.

[MAKE AN APPOINTMENT](#)



Make your secure connection

If you choose to use a video chat, you'll receive a link. You can then easily log in to your virtual counseling session through any device with:

- An internet connection
- Video camera



On the phone or virtually...

It's easy to meet with a financial consultant.

Schedule a session today.

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