Emails I Can't Send: How to Identify Phishing Attacks and What You Can Do to Bolster Account Security

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Why are we still talking about phishing attacks?

Email is still the #1 Cybersecurity Risk

#1 Cause of Breaches:

95% of breaches are the result of successful spear phishing attacks, including the most notable ones. [Source: SANS]

3rd Largest Economy on Earth:

- → **US** \$28T
- → China \$18T
- → Cyber Crime \$9T

Humans are the Biggest Vulnerability

Susceptible to Deception:

Humans inherently place a lot of trust in digital communications, which is easily exploited by attackers.

Easily Accessed Through Email:

Email is the broadest and easiest way for an attacker to engage with any employee.

What do these phishing attacks lead to?

- Compromised Credentials
- Lateral Attacks from Compromised Accounts
- Direct Deposit / Payroll Changes
- Malware Installation
- Network Downtime



• Financial loss to users and organizations alike

The Day and Age of Attackers "Breaking into Systems" is Over

A 16-year-old from Oxford has been accused of being one of the leaders of cybercrime gang Lapsus\$.

The teenager, who is alleged to have amassed a \$14m (£10.6m) fortune from hacking, has been named by rival hackers and researchers.

City of London Police say they have arrested seven teenagers in relation to the gang but will not say if he is one.





Higher Education Phishing Examples

Employee Impersonation



Attack Breakdown

Employee Impersonation

PAYLOAD

• Engaging Language in the email subject

TECHNIQUE

Received Emails

Forwarded by User

Replied to Message

162 Recipients

29 Recipients

32 Recipients

- Impersonate Assoc. Professor and Interim Chair at University
- · Compose email subject to encourage users to provide their phone numbers
- Use personal gmail address
- Spray and Pray: bulk email campaign

- 1. Gmail domain passes sender authentication checks
- 2. Attack is text-based with no malicious payload like a link or attachment
- 3. Threat intelligence and known-bad solutions like M365/Google cannot stop it

Payroll Fraud - VIP Impersonation



Attack Breakdown

VIP Impersonation

PAYLOAD

- Persuasive Language
- Voided Check containing fraudulent bank account details

TECHNIQUE

- Impersonate Associate Vice Chancellor at university
- Write compelling message to get HR to act upon the email
- Leverage known-good file attachments like jpg images

- 1. AOL domain passes sender authentication checks
- 2. Attack is text-based with no malicious payload like a link or attachment
- Threat intelligence and known-bad solutions M365/Google cannot stop the first email or the second one containing a known-good png image

Credential Phishing via SharePoint



Attack Breakdown

Credential Phishing

PAYLOAD

SharePoint link that hosts malicious content on SharePoint site

TECHNIQUE

1

- Leverage fresh M365 tenant to launch phishing attacks
- Host attack on SharePoint site
- Have users click on malicious link in OneNote File to extort credentials or install malware

- 1. Domain passes sender authentication checks
- 2. Sharepoint links are considered "known-good" in traditional email security scans

Job Scam from another University



Attack Breakdown

Job Scam

 JPG image featuring instructions to text users' names to malicious

TECHNIQUE

- Compromise another student's account at a different university
- Attach custom image with the job scam itself
- Get users outside of email where there aren't security controls
- Spray and Pray

- 1. University Domain passes sender authentication checks
- 2. Threat intelligence and known-bad solutions like M365 and Google cannot flag a JPG image without any malicious software/content

Internal ATO - Job Scam

Subject: Seeking adm. asst	\$21.65-\$24.35/hr to start + benefits
Sender:	.edu>
Recipient:	.edu>

Dear Students, Faculty and Staff,

There is a pressing need for Students, Faculty, and Staff assistants . This position is available to Students, Faculty, and Staff from any department of the institution, and consideration will be given on a first-come, first-served basis. This is a remote position that you could do after school/work.

Position P.A: Personal Assistant & Errand Carried out. Type: Part-Time Job Monday- Saturday: Working Days Weekends: (Sunday OFF) Working Hour: 5-10 hours a week Weekly Payment: \$500

This position will be home-based or Campus/ any location and it's a flexible part time job, you can be working from home, School, or any location. How to Apply: please copy and paste the following URL into a Web browser: (forms.gle/

OR SEND YOUR RESUME TO/ send a short note of interest with your Personal email address (e.g., yahoo, Gmail, Hotmail etc.) and not your EDU email, including your phone number to Mrs. Adrianna @gmail.com)

Job Placement & Student Services



Abnormal Security has detected this as a possible Email Account Takeover attack for the following reasons:

UNUSUAL SENDER

The email exhibits suspicious sending behavior: the sender uses language which is attempting to engage, but Abnormal Security has rarely ever seen the email address sending to your organization.

ABNORMAL RECIPIENT PATTERN

All the recipients were BCC'd, a common pattern when attackers send similar attacks to many recipients.

UNUSUAL SENDER DOMAIN

Sender domain does not match any domains found in body links.

SUSPICIOUS FINANCIAL REQUEST

Email appears to be a financial request, but the message body contains language that may be trying to steal money from your organization.

Attack Breakdown

Internal Account Takeover

PAYLOAD

 Google Forms link serving as credential/info harvesting site

TECHNIQUE

- Compromise student's account at a college
- Write compelling text to convince other students at the college to "apply" for the "job posting"
- Leverage Google forms link to capture user credentials
- Spray and Pray Send to thousands and see who falls for it

Why does it evade traditional security?

- 1. Traditional email security typically isn't scanning internal to internal traffic
- Threat intelligence and known-bad solutions like M365 and Google cannot flag a known-good link from Google



Personal Assistant Position Offer

It's a Fiscalité part time job where you will determine your working time. All the tasks are work from home/on campus job, you don't need to travel aomenhere and also you don't need to have a car to get started. It's an home base office work you can be in any location and work from your home/school. Weekly pay is \$500 and the fund will be inform of a (Cabrier Check).

JOB RESPONSIBILITIES MAY INCLUDE, BUT NOT LIMITED TO

- * Run business or personal errands and perform general administrative tasks. * Make travel arrangements on my behalf.
- * Sending gifts to clients as needed.
- * Donating 5% of my monthly profits to charity every month.
- * Paying strict attention to detail and takes detailed noted.
 * Filing, organizing, Some Internet research, email archive research, organizing correspondence, answering calls, organizing calendars, etc.

All fields with an asterisk are required. Your application will be eligible only if all required form fields have been completed.

Accedi a Google per salvare i risultati raggiunti. Scopri di più

* Indica una domanda obbligatoria

Abnormal

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Internal ATO - Credential Phishing

Recipient:Add course of the second o	Sender: '	.edu>		597
Aug 6, 2024, 6:20 pm EDT	Recipient:	:.edu>		
Dear Staff/Student, Renovation on our Servers and Administrative Software will take place. We are excited about the new capabilities and services we will be able to offer students Our records indicate that your office 365 has two different logins with two offer students. To avoid termination of the two school portals within 24hrs, we expect you to strictly adhere and address this. We will process your termination request shortly; You will lose all your emails associated with this account. If you have nok nowledge about the request process, kindly update to cancel the request below. Copy and paste the URL Below into the address bar of your web browser. (CUCK HERE) Sincerely! Thelp Desk wixsite wixsite	Aug 6, 2024, 6:20pm EDT			✤ 45
Dear Staff/Student, Renovation on our Servers and Administrative Software will take place. We are excited about the new capabilities and services we will be able to offer students Our records indicate that your office 385 has two different logins with two different school portals. Kindly indicate the two info logins as soon as possible. To avoid termination of the two school portals within 24hrs, we expect you to strictly adhere and address this. We will procees your termination request shorty; You will lose all your emails associated with this account. If you have onk nowledge about the request process, kindly update to cancel the request below. Copy and paste the URL Below into the address bar of your web browsers concorly. THelp Desk Winsite Winsite Winsite				1000
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We will process your termination request shortly; You will lose all your emails associated with this account. If you have only one college account, fill in the correct username and passcode and submit. Notice: Your email and password are protected. If you have no knowledge about the request process, kindly update to cancel the request below. Copy and paste the URL Below into the address bar of your web browser to cancel the request. (CLICK HERE) Sincerely! The poss Wixsite Wixsite OFFICE 365 LOGIN FOR Wissite OFFICE 365 LOGIN FOR	Our records indicate that your office 365 ha different school portals. Kindly indicate the possible. To avoid termination of the two so expect you to strictly adhere and address th	s two different logins with two wo info logins as soon as hool portals within 24hrs, we his.		۱,
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The email body contains language that may be trying to steal personal information.

Attack Breakdown

Internal Account Takeover

PAYLOAD

• Wix link serving as credential/info harvesting site

TECHNIQUE

- Compromise Student's account at large higher-ed institution
- Inform users of an IT migration and that all access will be lost if they don't interact with the link
- Develop and host attack on custom-branded Wix site with institution logos to build trust

Why does it evade traditional security?

- 1. Traditional email security typically isn't scanning internal to internal traffic
- 2. Threat intelligence and known-bad solutions like M365 and Google cannot flag a known-good link from Wix

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Callback Scam (BazarCall)





Scam Call Center

Would Remediate by Abnormal Security Email in inbox

Attack Breakdown

Callback Scam (BazarCall)

• Fraudulent docusign invoice featuring callback number to scam call center

TECHNIQUE

- Delivery of attack through legitimate invoicing service, Docusign
- Deceive end user into calling the provided phone number
- Call leads to Credit Card/Financial Theft or Malware

- 1. Docusign Domain passes sender authentication checks
- 2. Link from Docusign is a known-good link, bypassing threat intelligence checks

Student Loan Callback Scam





It's Austin Griffin with the Student Loan Debt Department. This is regarding your case number 36638. We tried to contact you at your home and did not hear back. Your StudentLoans have been flagged as possibly eligible for forgiveness under the new 2024 guidelines. Your file will remain open in my system for only one more day. Please give me a call on Thursday at: (888) We can take your call between the hours of 8am-5pm(PST) Monday-Friday. Thank you, - Austin Griffin



Would Remediate Oct 3, 2024, 2:03am EDT

Would Remediate by Abnormal Security

Oct 3, 2024, 9:30am EDT

I thought those were spams! I also work for a nonprofit that was eligible for forgiveness but the Supreme Court crushed that option!

Thank you. I will be in touch today!!! 8am pst

Attack Breakdown

Callback Scam

PAYLOAD

 Callback number and enticing message encouraging user to interact with the malicious number

TECHNIQUE

- Deliver attack from hotmail account
- Frame attack as a claim for student loan forgiveness
- Attach callback number so that users can "claim" SL forgiveness
- Call leads to financial loss or malware installation

- 1. Attack arrives from neutral hotmail account which doesn't fail sender authentication
- 2. No links or attachments included with the attack, nothing threat intelligence can identify with this attack

Besides Email, How Else are Attackers Trying to Phish You?



The sender is not in your contact list. Report Junk



Text Message Tue, Jan 10, 12:37 PM Thanks for choosing: PayPal_Inc, (Transaction ID: #PYPL396285) for \$649.75 successfully confirmed. To cancel or dispute- +188 Text Message

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Real World SMS Phishing Attack that Led to Wide Scale Breach



DATA BREACHES

Twilio Confirms Data Breach After Hackers Leak 33M Authy User Phone Numbers

What you can do to protect yourselves against phishing attacks, account compromises, or financial loss

- Trust your training, if your gut is questioning the message, don't engage with it further
- Report possible phishing attempts to the proper phishing mailbox at your school
- Utilize Multi-Factor Authentication for not just your school accounts, but also your personal accounts
- Leverage password vaults from 3rd Parties like 1Password or built-in keystores from Apple and Android
- Be open to stronger, more secure authenticators for personal use such as Passkeys
- Always double-check the URL that you're redirected to from email or SMS
- Delete and Report any texting scams or unwanted outreach as junk



Thank You!